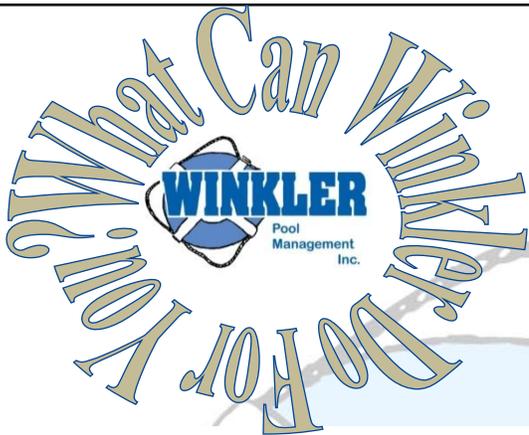




The Aqua Almanac

May 2013 Volume 1, Issue 4

from our family to yours



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- ✓ Pump/ Motor Repair and Replacement
- ✓ PVC Liners (Renosys)
- ✓ Skimmer Replacement
- ✓ Spa/Fountain Repairs
- ✓ Whitecoat/Replaster/Blackcoat
- ✓ Ice Melt
- ✓ Outdoor Furniture

Inside this issue:

- ❖ Poem
- ❖ Recipe
- ❖ Birthday Match
- ❖ And more!

Happy Mother's Day To All The Moms

You Were There...

*You were there when we took our first steps,
 And went unsteadily across the floor.
 You pushed and prodded: encouraged and guided,
 Until our steps took us out the door...
 You worry now "Are they ok?"
 Is there more you could have done?
 As we walk the paths of our unknown
 You wonder "Where have my children gone?"
 Where we are is where you have led us,
 With your special love you showed us a way,
 To believe in ourselves and the decisions we make.
 Taking on the challenge of life day-to-day.
 And where we go you can be sure,
 In spirit you shall never be alone.
 For where you are is what matters most to us,
 Because to us that will always be home...*

~Author Unknown

**Do you have all of the
 pool supplies you
 need for this
 summer?
 Make sure you go
 over your supply
 order sheet with your
 area supervisor!**

Repairs, service or parts needed?

(301) 864-4900
(703) 451-4664

Fulfilling all of your pool and spa needs. Repairs and parts for commercial or residential pools trust in Winkler Pool mgmt.

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Dinner and a Drink



What you'll need!!

- 1/2 pound ground beef
- 1 medium onion, diced
- 1 clove garlic, minced
- 1 tablespoon chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon paprika
- 1/2 teaspoon black pepper
- 1/2 teaspoon salt
- 1 (16 ounce) can refried beans

- 4 (10 inch) flour tortillas
- 1/2 cup salsa
- 1 cup shredded Cheddar cheese
- 1 cup shredded Monterey Jack cheese
- 2 green onions, chopped
- 2 roma (plum) tomatoes, diced
- 1/4 cup finely chopped jalapeno peppers
- 1/4 cup sour cream (optional)

Preheat the oven to 350 degrees F (175 degrees C). Coat 2 pie plates with non-stick cooking spray.

Place beef, onion and garlic in a skillet over medium heat. Cook until beef is evenly browned. Drain off grease. Season the meat with chili powder, cumin, paprika, salt and pepper.

Lay one tortilla in each pie plate, and cover with a layer of refried beans. Spread half of the seasoned ground beef over each one, and then cover with a second tortilla. Bake for 10 minutes in the preheated oven.

Remove the plates from the oven, and let cool slightly. Spread half of the salsa over each top tortilla. Cover each pizza with half of the Cheddar and Monterey Jack cheeses. Place half of the tomatoes, half of the green onions, and half of the jalapeno slices onto each one.

Return the pizzas to the oven, and bake for 5 to 10 more minutes, until the cheese is melted. Remove from the oven, and let cool slightly before slicing each one into 4 pieces.



Cuervo Margarita

Ingredients

- 1 ounce(s) Jose Cuervo Especial
- 3 ounce(s) Jose Cuervo Lime Margarita Mix
- 1 wedge(s) lime
- 1 teaspoon(s) salt

1. Rub rim of a chilled margarita glass with half a lime.
2. Dip into salt to coat.
3. In a shaker with ice, add José Cuervo Especial and José Cuervo Lime Margarita Mix.
4. Shake vigorously.
5. Strain into the margarita glass.
6. Garnish with lime wedge.

Drink Reasonability

How to play:

There is only one rule, every row, column and box of 3x3 cells must contain the numbers 1 through 9 exactly once.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 5 | | | | 2 | 4 | 3 | |
| | | | | | 3 | 1 | | 7 |
| | | 9 | | 7 | | | | 8 |
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| 8 | | | | 9 | | 7 | | |
| 7 | | 1 | 8 | | | | | |
| | 6 | 4 | 3 | | | | 8 | 5 |

Can you match these May birthdays?

| | |
|---------------|--------------|
| Tim McGraw | May 1, 1967 |
| Mike Mayers | May 13, 1950 |
| Adele | May 12, 1968 |
| David Beckham | May 20, 1946 |
| Tony hawk | May 31, 1943 |
| Janet Jackson | May 25, 1963 |
| Billy Joel | May 5, 1988 |
| Cher | May 9, 1949 |
| George Strait | May 24, 1941 |
| Bob Dylan | May 18, 1952 |
| Stevie Wonder | May 2, 1975 |
| Joe Namath | May 16, 1966 |

Make Your Goals Specific

When creating our goals, it is so important for us to make our goals specific with what it is that we are wanting. If we set vague goals we will get vague results, which will more than likely mean you won't get exactly what you were wanting. So, if you want to achieve something specific, then setting specific goals is your first step to achieving just that. Setting the goal of "I want to be happy" is way too vague. What is it that makes you happy? Describe it in great detail. Know exactly what it is that you want that will make you become happy. If you do not know what you want, you will not be able to identify if you have achieved the goal.

-Ways to Make Your Goals Specific:

- Who does this goal benefit, affect, and include?
- What does this outcome of the goal look like?
- What will you feel like when you have achieved this goal?
- What do you have to do to achieve this goal?
- When do you plan on having this goal achieved by?
- Where do you have to go to get the resources to make this goal a reality?
- Why is it that you want to achieve this goal? What purpose will it serve?
- How do you see this goal happening?

How are you going to organize yourself to make this goal a reality?

Identify how this goal will benefit your life. What actions are required of you to achieve this goal? Your awareness of your goals affects the actions you take in your daily life which will contribute to your results. So making your goals specific will give you the ability to make a specific game plan which will accelerate your attainment of the goal as you will know what is required of you on a daily basis to be successful.

http://www.articlecity.com/articles/self_improvement_and_motivation/article_9297.shtml

Sudoku Answers

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 5 | 7 | 1 | 8 | 2 | 4 | 3 | 9 |
| 4 | 8 | 2 | 9 | 6 | 3 | 1 | 5 | 7 |
| 3 | 1 | 9 | 5 | 7 | 4 | 2 | 6 | 8 |
| 1 | 2 | 6 | 7 | 3 | 8 | 5 | 9 | 4 |
| 9 | 4 | 3 | 2 | 5 | 1 | 8 | 7 | 6 |
| 5 | 7 | 8 | 6 | 4 | 9 | 3 | 2 | 1 |
| 8 | 3 | 5 | 4 | 9 | 6 | 7 | 1 | 2 |
| 7 | 9 | 1 | 8 | 2 | 5 | 6 | 4 | 3 |
| 2 | 6 | 4 | 3 | 1 | 7 | 9 | 8 | 5 |

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Short History of Cinco de Mayo

Cinco de Mayo—or the fifth of May—commemorates the Mexican Army's 1862 victory over France at the Battle of Puebla during the Franco-Mexican War (1861-1867). A relatively minor holiday in Mexico, in the United States Cinco de Mayo has evolved into a celebration of Mexican culture and heritage, particularly in areas with large Mexican-American populations. Cinco de Mayo traditions include parades, mariachi music performances and street festivals in cities and towns across Mexico and the United States.



Closing Quote

Far better is it to dare mighty things, to win glorious triumphs, even though checkered by failure... than to rank with those poor spirits who neither enjoy nor suffer much, because they live in a gray twilight that knows not victory nor defeat.

Theodore Roosevelt



Tim McGraw May 1, 1967, Mike Mayers May 25, 1963, Adele May 5, 1988, David Beckham May 2 1975, Tony Hawk May 12, 1968, Janet Jackson May 16, 1966, Billy Joel May 9, 1949, Cher May 20, 1946, George Strait May 18, 1952, Bob Dylan May 24, 1941, Stevie Wonder May 13, 1950, Joe Namath May 31, 1943